

CLINIC SCHEDULES JAN. 12 & MARCH 8

REGISTRATION: 9:30 a.m.

WHAT TO BRING:

All participants should bring workout clothes and training shoes. Pole vaulters must bring poles and throwers may bring their implements. A water bottle also is encouraged.

Lunch is provided.

For more information, please contact Justin Kinseth at kinsethj@uwosh.edu.

LOCATION:

Kolf Sports Center
785 High Ave.
Oshkosh, WI 54901

REGISTER ONLINE

uwoshkoshsportscamps.com
(Additional \$4-6 fee for online registration)



TRACK & FIELD WINTER CLINICS

JAN. 12, 2020
MARCH 8, 2020

uwoshkoshsportscamps.com

REGISTRATION FORM

UW OSHKOSH TRACK & FIELD CLINIC

Visit uwoshkoshsportscamps.com to register, or fill out the form below. [PLEASE PRINT CLEARLY]

Name _____
Last First MI

Address _____

City _____ State _____ Zip _____

Age _____ Gender _____

Phone (_____) _____

Email _____

Emergency Phone _____

T-Shirt size (circle one) S M L XL XXL

Events (check up to two) Throws Triple/Long Jump
 Distance* High Jump
 Sprints Pole Vault
 Hurdles Coach

Clinic (check **one**)** Jan. 12 March 8

COST: \$70 (for Jan. 12 clinic if registered *before* Jan. 5)
\$85 (for Jan. 12 clinic if registered *before* Jan. 5)
\$70 (for March 8 clinic if registered *before* March 1)
\$85 (for March 8 clinic if registered *before* March 1)
\$40 (Coaches to observe and learn)

Enclosed is \$ _____ as full payment.**

Credit Card (circle one): Visa Mastercard American Express

Credit Card # _____

Exp. Date _____ ID Code _____

Cardholder's Name (printed) _____

Cardholder's Signature _____

Check (make checks payable to UW Oshkosh Sports Camps)

I verify that my son/daughter has been checked by a licensed physician and is physically able to participate in this sports camp/clinic. I agree to allow my son/daughter to be treated by a licensed physician while attending, if necessary, and to assume all costs related to such treatment. I authorize my insurance company to pay benefits. Also, I authorize the disclosure of medical information to my insurance company for the purpose of a claim. I understand that if this application is accepted, there is no refund of the deposit if we (parent or son/daughter) should cancel the application later. The undersigned does hereby agree to hold harmless and indemnify the State of Wisconsin, the Board of Regents of the University of Wisconsin System, and the University of Wisconsin Oshkosh, their officers, agents and employees, from any and all liability, loss, damages, costs, or expenses which are sustained, incurred, or required arising out of the actions of my son/daughter in the course of the camp/clinic.

Parent/Guardian Signature (if under 18 years old)

Camper Signature (if 18 years old or over)

* March 8 only

** If interested in attending both winter clinics, must register separately.

ABOUT THE CLINIC

The coaching staff of the University of Wisconsin Oshkosh Track and Field team will be running the 11th Annual Track and Field Clinic Series at UW Oshkosh. The Track and Field Clinics provide an excellent opportunity for junior high, high school, college and post-collegiate track and field athletes to increase their technical skills in specific events. Top coaches and athletes will help you develop the skills necessary to become a successful athlete and coach.

REMINDER:

Athletes are allowed to pick up to two different events. Sprints/long and triple jumps, hurdles/throws, vault/high jump – the options are up to you! Both sessions will provide all events at each Winter Clinic.

FOR YOUR INFORMATION:

If you only choose one event, we will still provide an in-depth analysis for both sessions at both the January and March clinic.

SESSION 1:

Throws
High Jump
Long/Triple Jump
Hurdles
Sprints
Pole Vault
Distance*

SESSION 2:

Throws
High Jump
Long/Triple Jump
Hurdles
Sprints
Pole Vault
Distance/General Strength*

* March 8 only